



BLACKADAR

RETIREMENT RESIDENCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
10:00 am : Trivia 2:00 pm: Movie Matinee 6:00 pm: Hot Chocolate by the fire	11:00 am: Group Exercise 2:00 pm: Let's Make Valentines 5:00 pm: Mocktail Monday	11:00 am: Sit n Fit with Linda 2:00 pm: Movie Matinee 6:00 pm: Dominoes	11:00 am: Group Exercise 3:00 pm: Resident Council Meeting 6:00 pm: Crosswords	11:00 am: Sit n Fit with Linda 2:00 pm: Ladies Nail Spa 6:00 pm: Card Night	2:00 pm: SPCA Visit 3:00 pm: Bingo 5:30 pm: Fun Food Friday	11:00 am: Ring Toss 2:00 pm: Movie Matinee 6:00 pm: Jenga
8	9	10	11	12	13	14
10:00 am: Trivia 2:00 pm: Movie Matinee 6:00 pm: Hot Chocolate by the fire	11:00 am: Group Exercise 1:00 pm: Day Trip to Walmart 5:00 pm: Mocktail Monday	11:00 am: Sit n Fit with Linda 2:30 pm: Tea Time with Samantha 3:30 pm: Memory Lane	11:00 am: Group Exercise 1:30 pm: Discussion Group 6:00 pm: Game Night	11:00 am: Sit n Fit with Linda 2:00 pm: The Cookie Jar Baking Club 6:00 pm: Card Night	11:00 am: Valentine's Day Trivia 3:00 pm: Bingo 6:45 pm: Movie Night with Popcorn and Refreshments	Happy Valentine's Day 2:30 – 3:15 pm: Valentines Day Social at BCCC (1 st Floor Dining Room)
15	16	17	18	19	20	21
10:15 am: Chapel Service at BCCC (2 nd Floor Lounge)	Happy Family Day 1:30 pm: Join the "Chime Choir" at BCCC	11:00 am: Sit n Fit with Linda 2:30 pm: Tea Time with Karen	11:00 am: Group Exercise 1:30 pm: The Cookie Jar Baking Club 6:00 pm: Game Night	11:00 am: Sit n Fit with Linda 2:00 pm: Armchair Travel Club 6:00 pm: Card Night	11:00 am: Urban Legends 3:00 pm: Bingo 6:45 pm: Movie Night with Popcorn and Refreshments	2:00 pm: Afternoon Movie with Cheesies and Pop
22	23	24	25	26	27	28
10:15 am: Chapel Service at BCCC (3 rd Floor Lounge)	11:00 am: Group Exercise 5:00 pm: Mocktail Monday	11:00 am: Sit n Fit with Linda 2:30 pm: Tea Time with Karen	11:00 am: Group Exercise 1:30 pm: The Cookie Jar Baking Club 6:00 pm: Game Night	11:00 am: Sit n Fit with Linda 6:00 pm: Card Night	11:00 am: Current Events 3:00 pm: Bingo 6:45 pm: Movie Night with Popcorn and Refreshments	2:15 pm: Don Dunham Music and Comedy at BCCC (3 rd Floor Lounge)