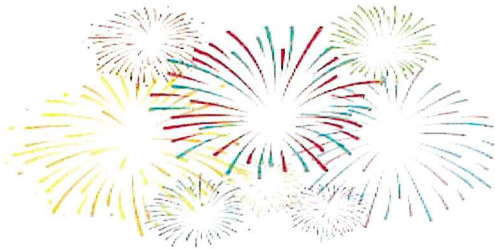



Activities Calendar (2nd Floor) JULY 2021

All Programs subject to change due to COVID-19 regulations.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Legend 2 = 2nd Floor Lounge R = Room to Room H = Hallway S & C = Strength & Conditioning Class D= Deck/Outside						
			1 CANADA DAY! 10:00 Great Canadian Inventions 2 2:00 Canada Day Social 2	2 10:00 Visits with Chaplin Greg R 2:00 Reflections on Nature & Spirituality 2	3 10:00 Music with Kristin 2 2:00 Friendly Visits R	4 10:00 Manicures R 2:00 Friendly Visits R
5 10:00 Phyllis Diller Comedy 2 2:00 Bingo 2	6 10:00 Music with Kristin 2 2:00 Milkshakes & Motown Music 2 5:45 Movie Night	7 10:00 Visits with Chaplin Greg R 10:15 S&C 2 2:00 Spa Afternoon	8 10:00 Virtual tour to Tokyo 2 10:15 S&C 2 2:00 Outdoor Strolls D	9 10:00 Visits with Chaplin Greg R 2:00 Bingo 2	10 10:00 Music with Kristin 2 2:00 Friendly Visits R	11 10:00 Manicures R 2:00 SuperQuiz 2
12 10:00 Remembering Camping 2 2:00 Bingo 2	13 10:00 Music with Kristin 2 2:00 Outdoor Strolls D	14 10:00 Visits with Chaplin Greg R 10:15 S&C 2 2:00 Spa Afternoon	15 10:00 Card Games 2 10:15 S&C 2 2:00 Reminiscing with walking songs 2	16 10:00 Visits with Chaplin Greg R 2:00 Bingo 2	17 10:00 Music with Kristin 2 2:00 Friendly Visits R	18 10:00 Hymn Sing 2 2:00 Friendly Visits R
19 10:00 Trivia 2 2:00 Bingo 2	20 10:00 Music with Kristin 2 2:00 Botanical Sun Print Craft 2	21 10:00 Visits with Chaplin Greg R 10:15 S&C 2 2:00 Spa Afternoon	22 10:00 Olympic Trivia 2 10:15 S&C 2 2:00 Painting outside D	23 10:00 Visits with Chaplin Greg R 2:00 Bingo 2	24 10:00 Music with Kristin 2 2:00 Friendly visits R	25 10:00 Manicures R 2:00 Outdoor Strolls D
26 10:00 Discussion: Park Rangers 2 2:00 Bingo 2	27 10:00 Music with Kristin 2 2:00 Milkshakes & Motown Music 2	28 10:00 Visits with Chaplin Greg R 10:15 S&C 2 2:00 Spa Afternoon2	29 10:00 Card Games 2 10:15 S&C 2 2:00 Ice cream social D	30 10:00 Visits with Chaplin Greg R 2:00 Bingo 2	31 10:00 Music with Kristin 2 2:00 Friendly Visits R	

Activities Calendar (3rd Floor)

JULY 2021

All Programs subject to change due to COVID-19 regulations.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Legend 3= 3rd Floor Lounge R= Room to Room H= Hallway D= Deck/Outside						
			1 10:00 Maple Leaf Craft (3) 2:00 Canada Day Social (3)	2 10:30 Visits with Chaplain Greg (R) 2:00 Sequins with a Smile: Phyllis Diller Discussion & Game (3)	3 10:00 Kristen's Music Makers Group (3) 2:00 Travelling Lemonade Stand (R)	4 10:00 Hymn sing (3) 2:00 Sensory Visits (R)
5 10:00 Outdoor Strolls (D) 2:00 Bingo (3)	6 10:00 Strength & Conditioning (3) 2:00 Name That Tune (3)	7 10:30 Visit with Chaplain Greg (R) 2:00 Ladder Ball (3)	8 10:00 Coffee Hour (3) 2:00 Spa Afternoon (3) 5:45 Movie Night (3)	9 10:00 Strength and Conditioning (3) 10:30 Visit with Chaplain Greg (3) 2:00 Super Quiz (3)	10 10:00 Kristen's Music Makers Group (3) 2:00 Funny Videos (3)	11 10:00 Travelling Music (R) 2:00 Friendly Visits (R)
12 10:00 Strength and Conditioning (3) 2:00 Virtual Visit to the Zoo (3)	13 10:00 Balloon Tennis (3) 2:00 Bingo (3)	14 10:30 Visit with Chaplain Greg (R) 2:00 Ice Cream Social (3)	15 10:00 Armchair Travel to Yellowstone National Park (3) 2:00 Outdoor Strolls (D)	16 10:30 Visits with Chaplain Greg (R) 2:00 Parks Bingo (3)	17 10:00 Kristen's Music Makers Group (3) 2:00 Strength and Conditioning (3)	18 10:00 Coffee and Current Events (3) 2:00 Spa Afternoon (3)
19 10:00 Strength and Conditioning (3) 2:00 Bingo (3)	20 10:00 Wii Bowling (3) 2:00 Sing Along with Susie Q (3)	21 10:30 Visits with Chaplain Greg (R) 2:00 Bean Bag Toss (3)	22 10:00 Scattergories (3) 2:00 Spa Afternoon (3)	23 Olympics Begin 10:30 Visits with Chaplain Greg (R) 2:00 Summer Olympic Games Quiz Show (3)	24 10:00 Kristen's Music Makers Group (3) 2:00 Strength and Conditioning (3)	25 10:00 Hymn Sing (3) 2:00 Hangman (3)
26 10:00 Strength and Conditioning (3) 2:00 Bingo (3)	27 10:00 Outdoor Strolls (D) 2:00 Mocktails on the Deck (D)	28 10:30 Visits with Chaplain Greg (R) 2:00 Music on Request (3)	29 10:00 Watercolour Painting (D) 2:00 Spa Afternoon (3)	30 10:30 Visits with Chaplain Greg (R) 2:00 Family Feud (3)	31 10:00 Kristen's Music Makers Group (3) 2:00 Strength and Conditioning (3)	