

October 2019

Blackadar Continuing Care Centre

PROGRAMS LEGEND

- L = Resident Lounge (1st Floor)
- R = Room to Room
- M = Main Floor Dining Room
- O = Deck/Outside
- (weather permitting or alternate location)
- S & C Class = Strength & Conditioning
- 2 = 2nd Floor Lounge
- 3 = 3rd Floor Lounge
- ★ = Chaplain in the home this day
- H = Hair Salon
- TBA = To Be Announced
- DVMS = Dundas Valley Montessori School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAIR SALON with Penny EVERY TUESDAY 9:30—2:00 <i>No Appointment Necessary</i>		1 9:30 Manicures & Relaxation Spa L 1:00 OUTING to Coffee Shop (Sign Up) 2:00 S & C Class 3 6:15 Bingo 2	2 10:15 Knitting/Crochet Group L 10:30 St. James Anglican Communion Service 2 2:00 Cooking and Baking Program 3 ★	3 10:00 Resident Council (Menu Review) Meeting L 10:15 S & C Class 2 1:00 Pet Visiting Doug R 2:00 Bingo	4 9:30—4 Dental Clinic H 10:00 S & C Class 3 10:15 Knitting/Crochet Group L 11:00 Out and About O 2:00 Chapel Service 3 ★	5 9:45 Morning Movie 3 10:45 Happy Hour “Men’s Group” L 2:00 What’s The Scoop “Ice Cream Social” 2
6 10:15 History of The Mad Hatter 2 2:00 Eagle World Wide Ministry Gospel Sing 3 ★	7 10:15 S & C Class 2 11:00 Chime Choir L 2:00 Music Makers with Music Therapist 3 7:00 Kiwanis TV Bingo L	8 9:30 Manicures & Relaxation Spa L 1:30 DVMS Show & Tell Visit 3 2:15 Baking Group 3 6:15 Bingo 2	9 9:30—11:30 Chaplain Visits R 10:15 Weather, Horoscopes & Happenings 2 1:45/2:15 S & C Class/ Ladderball 3 ★ 6:00 Resident & Family Dinner (sign up) M	10 10:15 S & C Class 2 1:00 Pet Visiting Doug R 2:15 Afternoon Games O	11 10:00 S & C Class 3 11:00 Out and About O 2:00 Bingo 2	12 10:15 Mini Kitchen “Apple Crisp” 2 2:00 Canadian Monopoly 3
13 10:00 S & C Class 3	14 10:15 Pumpkin Pie Thanksgiving Social 2 HAPPY THANKSGIVING	15 9:30 Manicures & Relaxation Spa L 12:00 Take Out Luncheon (Sign Up) L 2:00 S & C Class 3 7:00 Ancaster Youth	16 10:00 St. Augustines Roman Catholic Mass 3 1:00 Pet Visiting Doug R 2:00 Cooking and Baking Mini Pizzas 2 ★	17 10:00 OUTING TBA (sign up required) 2:15 S & C Class 2	18 10:00 S & C Class 3 11:00 Out and About O 2:00 Bingo 2	19 10:15 Program TBA
20 10:15 Bible Study 2 2:30 Chapel Service with Chaplain Greg 3 ★	21 10:30-12 Music Therapy 1-1 R 12:00—2:30 VOTE FEDERAL ELECTION POLLING STATION L 2:00 Music Makers 2 7:00 Kiwanis TV Bingo L	22 9:30 Manicures & Relaxation Spa L 1:30 DVMS Pumpkin Painting Visit 3 2:00 Pet Visiting Doug R 6:15 Bingo 2	23 10:00 Resident Memorial Service L 10:15 S & C Class 3 2:00 “Halloween” Hangman 2 ★	24 10:15 S & C Class 2 2:00 Ancaster Fun Chorus Performance 2	25 10:00 S & C Class 3 11:00 Out and About O 2:00 Bingo 2	26 10:15 Mini Kitchen “No Bake Pumpkin Cheesecake Pie” 2 2:00 John Moorhouse On The Piano 3
27 10:00 S & C Class 3 11:00 Chime Choir L 2:00 Music Makers with Music Therapist 2	28 10:15 Hymn Sing with Chaplain Greg 2 2:00 Halloween Craft Project 3 7:00 Kiwanis TV Bingo L ★	29 9:30 Manicures & Relaxation Spa L 2:00 Back County Boys Bluegrass Music 2 6:15 Bingo 2	30 10:15 Mini Kitchen 2 2:00 Cider and Trivia 3	31 9:30—11:00 Chaplain 1-1 Visits 10:15 Knitting/Crochet Group L 10:15 S & C Class 3 2:15 Halloween Party 2 ★		