May 2020

Blackadar Continuing Care Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 S&C 3 ***1:00 Skype with Greg R*** 2:30 Out and About O	2 9:45 Finishing the Lyrics 2 10:30 Finishing the Lyrics 3 1:15 Bingo 2 2:30 Sing Along 3
3 ***No Programs Today*** ***Pick up activity packages from nurses station***	4 10:00 Bingo 3 10:15 S&C R 1:00 1:1 Skype Music Therapist Sessions R 2:30 National Orange Juice Day & Cards 2	5 10:15 Manicures 2 1:30 S&C 3 1:45/2:30 Family Feud Game 2/3	6 ***7:00 Breakfast Club (Sign up Required) L*** **9:30-11 Skype with Greg R** 1:15 Name that Tune 2 2:45 Manicures 3	7 10:15 S&C R 10:15 Trivia 3 1:30-2:30 Video Chats with "Doug" & Susan R **6:15 Evening Bingo 2**	8 10:00 S&C 3 10:15 Motherly Trivia 2 ***12:45 Skype with Greg R*** 2:30 Bingo 3	9 10:15 Roger Whittaker Tribute 2 1:00 Out and About O 2:00 Johnny Cash Tribute 3
10 ***No Programs Today*** ***Pick up activity packages from nurses station***	11 10:15 S&C R ***1:00 Skype with Greg R*** 2:30 Knitting Group L	12 10:00 Manicures 2 10:30 Susie Q Sing Along 3 1:00 Skype Music Therapist Sessions R 1:30 S&C 3 2:15 Motherly Humor 2	13 ***7:00 Breakfast Club (Sign up Required) L*** **9:30-11 Skype with Greg R** 2:15 Bingo 3	14 10:15 S&C R 10:45 Manicures 3 1:30-2:30 Video Chats with "Doug" & Susan R 2:15 Afternoon Movie 2/3	15 10:00 S&C 3 11:00 Knitting Group L ***12:45 Skype with Greg R*** 2:15 Bingo 2	16 10:15 America's Got Talent Best Videos 11:00 Out and About O 1:45 America's Got Talent Best Videos 2
17 ***No Programs Today*** ***Pick up activity packages from nurses station***	18 10:00 Facts & Videos 2 10:30 Facts & Videos 3 **Victoria Day**	19 10:00 Manicures 2 10:15 Hangman 3 1:00 1:1 Skype Music Therapist Sessions R 1:30 S&C 3 2:15 Craft with Amanda 2	20 ***7:00 Breakfast Club (Sign up Required) L*** **9:30-11 Skype with Greg R** 2:15 Manicures 3 3:30 Bingo 2	21 10:15 S&C R 10:15 Glamping in Yellowstone National Park 3 1:30-2:30 Video Chats with "Doug" & Susan R **6:15 Funny Animal Compilation Videos 2**	22 10:00 S&C 3 11:00 Knitting Group L ***12:45 Skype with Greg R*** 2:15 Who Am I? "Florence Nightinggale" 3	23 9:45/10:30 News & Conversation 2/3 1:30 World Turtle Day 2 2:30 Outdoor Chair Day O
24 1:45 Bingo 2 2:30 Bingo 3	25 10:15 S&C R 1:00 1:1 Skype Music Therapist Sessions R 2:30 Bocce Ball 3	26 10:00 Manicures 2 10:30 That's Amore 3 1:30 S&C 3 2:15 Discussion Group "May Day Baskets" 2	27 ***7:00 Breakfast Club (Sign up Required) L*** **9:30-11 Skype Visits with Greg R** 2:00 Popsicle Day 2/3 3:30 1:1 Visits R	28 10:15 S&C R 10:15 Urban Myths 3 1:30-2:30 Video Chats with "Doug" & Susan R 2:15 Perry Como Tribute 2 **6:15 Bingo 2**	29 10:00 S&C 3 10:15 Jeopardy 2 ***1:00 Skype with Greg R*** 2:30 Manicures 3	30 10:00 John Denver Tribute & Ice Cream Social 2 1:30 Bingo & Ice Cream Social 3
31 1:45 Music Mix 2 2:30 Music Mix 3	**PROGRAMS LEGEND** L=Resident Lounge (1st Floor) R=Room to Room M=Main Floor Dining Room O=Deck/Outside (Weather permitting or alternate location) 2=2nd Floor Lounge 3=3rd Floor Lounge H=Hair Salon S&C=Strength and Conditioning					

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