

# September 2019

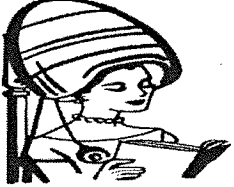
Blackadar Continuing Care Centre—Dundas, Ontario

## PROGRAMS LEGEND

L = Resident Lounge (1st Floor)  
 R = Room to Room  
 O = Deck/Outside (weather permitting or alternative location)

2 = 2nd Floor Lounge  
 3 = 3rd Floor Lounge  
 ★ = Chaplain in the home this day  
 TBA = To Be Announced

S & C = Strength & Conditioning Class

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:15 Program To Be Announced 2	2 10:15 The History of Labour Day 3  <i>Labor Day Holiday</i>	3 9:30 Manicures & Relaxation Spa L 1:00 Outing to Tim Horton's (Sign Up) 2:30 S & C Class 3 6:30 Bingo 2	4 10:30 St. James Anglican Communion Service 2 2:00 Reminiscing★ "School Days" 3	5 10:15 S & C Class 2 1:00—3:00 Chaplain Greg 1-1 Visits R ★ 1:00 Pet Visiting "Doug" R 2:00 Java Music Club 3	6 10:00 S & C Class 3 11:00 Out & About O  2:00 Bingo 2	7 9:45 Morning News & Coffee 3 10:30 Mini Kitchen "Oreo Cake Mix Cookies" 2 2:00 Trivia "Jeopardy" 2 2:30 Men's Group with Mashell L
8 10:00 Bible Study with Nida 3  3:00 Worship Service with Chaplain Greg 2 ★	9 10:15 S & C Class 2 10:15 Chime Choir L 2:00 Music Makers with Music Therapist Kristen 3	10 9:30 Manicures & Relaxation Spa L 1:30 S & C Class 3 2:00 Who, What, When? 2 6:30 Bingo 2	11 9:30—11:30 Chaplain 1-1 Visits R ★ 10:15 Mini Kitchen "Oat & Honey Bread" 2 2:00 Armchair Travel Program 3	12 10:15 S & C Class 2  1:00 Pet Visiting "Doug" R 2:00 Afternoon Craft 3	13 10:00 S & C Class 3 11:00 Out & About O  2:00 Bingo 2	14 10:15 Mini Kitchen "Homemade Chocolate Chip Cookies" 2 2:00 Sing Song With Amanda 3
15 10:00 S & C Class 3	16 9:30—11:30 Chaplain 1-1 Visits R ★ 10:15 S & C Class 2 2:00 Super Quiz 3	17 9:30 Manicures & Relaxation Spa L 12:00 Take Out Lunch L 1:30 S & C Class 3 2:15 Afternoon Craft 2 6:30 Ancaster Youth Group 3	18 10:00 St. Augustine's Roman Catholic Mass 3 ★ 1:00 Pet Visiting "Doug" R 2:00 Music Matters 2	19 10:00 OUTING & LUNCH WALMART (sign up) 10:15 S & C Class 2	20 11:00 Out & About O  2:00 Bingo 2	21 9:45 Morning News & Coffee 3 10:30 Mini Kitchen 2 2:00 Apple Pie Social "Applefest" Month O
22 10:15 Bible Study with Nida 2  3:00 Worship Service with Chaplain Greg 2 ★	23 10:15 S & C Class 2 10:15 Chime Choir L 2:00 Music Makers with Music Therapist Kristen 3	24 9:30 Manicures & Relaxation Spa L 1:30 S & C Class 3 The Back County Boys Bluegrass Performance 2 6:30 Bingo 2	25 9:30—11:30 ★ Chaplain 1-1 Visits R 10:15 Canadian Monopoly Game 2 2:00 Pancake Social 3	26 10:00/10:30 Resident Food Committee/Council L 10:15 S & C Class 2 1:00 Pet Visiting "Doug" R 2:00 Trivia 3	27 10:00 S & C Class 3 11:00 Out & About O  2:00 Bingo 2	28 10:15 Mini Kitchen 2 "Pumpkin Muffins" 2  2:00 John Moorhouse on the Piano 2
29 10:00 S & C Class 3	30 9:30—11:30 Chaplain 1-1 Visits R ★ 10:15 S & C Class 2 2:00 Program TBA			<b>HAIR SALON</b> Every Tuesday—with Penny Opens at 9:00 a.m.—No Appointment Necessary		