Activity Calendar August 2023					**All Programs Are Subject to Change	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Au	gust	1 10:00 S&C and Hangman (2) 10:00 Travelling Manicures (R) 2:00 Bocce Ball (O) 6:00 Card Night (2)	2 10:00 S&C with Trivia (3) 10:00 Shake Loose a Memory (R) 2:00 Bingo (2) 6:00 Sing Along (3)	3 10:00 S&C and Darts Ball (2) 10:00 Outdoor Strolls 2:00 Art Project: Sunflower Craft (3) 6:00 Garden Walks	4 10:00 S&C and Drum Circle (3) 2:00 Smoothies on the Deck 6:00 Friendly Visits (R)	5 10:00 Morning Stretch & Hangman (2) 10:00 Travelling Games (R) 2:00 Elvis Social (D)
6 10:00 Morning Stretch & Mingle (3) 2:00 Travelling Manicures (R)	7 Cruise Week Begins 10:00 Name That Tune (2) 10:15 Friendly Visits 2:00 Cruise Departure Party (D)	8 Tropical Shirt Day 10:00 Armchair Travel to the Caribbean (3) 10:00 Travelling Games 2:00 Swimsuit Design Contest (2) 6:00 Evening "Smores" Bingo w/Prizes (3)	9 Dress Like a Pirate Day 10:00 S&C and Shuffleboard (3) 10:00 Visits with Chaplain Greg (R) 2:00 Waffle Bar (M) 6:00 Garden Walks	10 Dress Like a Tourist Day 10:00 Outing to Hutches (Sign Up Required) 10:00 S&C (2) 6:00 Super Quiz (2)	11 Crazy Hat/Hair Day 10:00 S&C and Scavenger Hunt (3) 2:00 Farewell Party with Entertainer Mike Woods (D) 6:00 Bingo (3)	12 10:00 S&C and Tai Chi (2) 2:00 Travelling Trivia (R)
13 10:00 Balloon Tennis (3) 2:00 Travelling Manicures (R)	14 10:00 Morning Stretch and Horoscopes (2) 10:00 Visits with Chaplain Greg (R) 2:00 Travelling Music with Olivia (R)	15 10:00 S&C and Tai Chi (2) 2:00 Travelling Pair Up Game	16 10:00 S&C & Word Hive (3) 10:00 Visits with Greg 10:00 Outdoor Strolls 2:00 Bingo (2) 6:00 Horse Race Derby (3)	17 10:00 S&C and Bean Bag Toss (2) 2:00 Travelling Card Games (R)	18 10:00 S&C & Whole Brain Health (3) 10:15 Music with Olivia (R) 2:00 Travelling Manicures (R) 6:00 Card Bingo (2)	19 10:00 Painting on the Deck 10:00 Outdoor Strolls 2:00 Lemonade on the Deck
No Activities Today	21 10:00 Chapel Service w/ Chaplain Greg (M) 2:00 Travelling Puzzles (R)	22 10:00 S&C and Parachute (3) 2:00 Live Music with Anne G. (M) 6:00 Garden Walks	23 10:00 S&C and Lawn Darts (2) 10:00 Visits with Chaplain Greg (R) 2:00 Bingo (3) 6:00 Folk Song Sing Along (3)	24 10:00 S&C and Name 10 Things (3) 2:00 What's in the Box? (R) 6:00 Yahtzee (2)	25 10:00 S&C and Darts Ball (2) 2:00 Travelling Manicures (R)	26 10:00 Tai Chi with Dan (3) 10:00 Outdoor Strolls 2:00 Music on the Deck
27 10:00 S&C (3)	28 10:00 Tai Chi w/ Dan (2) 10:00 Visits with Chaplain Greg (R) 10:00 Travelling Stories (R) 2:00 Jimmy's Old Time Radio Show (3)	29 10:00 S&C and Urban Myth (2) 10:00 Travelling Manicures (R) 2:00 Peach Social (D) 6:00 Paint Night (3)	30 10:00 S&C and Scattergories (3) 10:00 Visit's with Chaplain Greg (R) 1:00 Take Out Lunch 2:15 Travelling Physical Games 6:00 Garden Walks	31 10:00 Outing to Pier 4 Park (Weather Permitting) 10:00 S&C (2) 2:00 Bingo (2) 6:00 Travelling Puzzles and Games	Legend 2= 2nd Floor Lounge 3= 3rd Floor Lounge R= Room to Room M= Main Floor Dining Room D= Deck O=Outside or Side Yard S&C= Strength & Conditioning Class	Join us August 7-11 for some fun themed days and activities as Blackadar enjoys Cruise Week! See Daily Schedule for more details.